



Hilton Head Island beaches are great for conditioning; which translates to more speed on-court.



Play tournaments, and have fun!



VDM Camp participants get special discounts on Dunlop racquets, strings and shoes, and Fila clothing.



## CAMP SCHEDULE - 2022 VAN DER MEER TENNIS CENTER

Date*	Camp #	Price
May 31-Jun. 3 (Tues-Fri)	Camp 1	\$685
Jun 5-10 (Sun-Fri)	Camp 2	\$855
Jun. 12-17	Camp 3	\$855
Jun. 19-24	Camp 4	\$855
Jun. 26-Jul. 1	Camp 5	\$855
Jul. 3-8	Camp 6	\$855
Jul. 10-15	Camp 7	\$855
Jul. 17-22	Camp 8	\$855
Jul. 24-29	Camp 9	\$855
July. 31-5	Camp 10	\$855
Aug. 8-12 (Mon-Fri)	Camp 11	\$855
Aug. 15-19 (Mon-Fri)	Camp 12	\$855
Aug. 22-27 (Mon-Sat)	Camp 13	\$855

Please call Sales at 1-800-845-6138 to ask about accommodations.

\*Schedule subject to change

### Two Easy Ways to Sign Up!

1. Register online at [www.vandermeertennis.com](http://www.vandermeertennis.com)
2. Call 800.845.6138, option 1

**TAKE IT TO THE NEXT LEVEL!**



# VAN DER MEER TENNIS 2022

## SUMMER TENNIS CAMPS



[www.vandermeertennis.com](http://www.vandermeertennis.com)

## 2022 SUMMER CAMP COACHES

Travis Curran  
United States  
Head Professional



Brian DeVilliers  
South Africa  
Academy Director



Pat Van der Meer  
United States  
Owner/Director



Haris Poric  
Australia  
Senior Academy  
Coach



Elizma Nortje  
Namibia  
Mental  
Toughness  
Specialist

At Van Der Meer, we take pride in the quality of instruction we provide. Our international staff is unparalleled in both playing and coaching at the top levels. Our experienced staff has been educated through legendary coach Dennis Van der Meer's TennisUniversity course. They all understand the important stroke, strategy, fitness and psychological commonalities that are needed to ensure that you have the tools to reach the top of your game without limits.

**TAKE IT TO THE NEXT LEVEL!**

## VAN DER MEER TENNIS HILTON HEAD ISLAND, SC



Join top juniors and college players for a summer tennis camp you'll never forget on beautiful Hilton Head Island. Train with other kids from all around the world, building a stroke arsenal that can propel you to

the next level. VDM Tennis Center offers 14 hard courts (4 covered and lighted, so your camp won't get rained out), and nearby VDM Shipyard has both clay and hard courts, in addition to 3 indoor courts. So if you have a clay tournament coming up, you can get the practice you need.

VDM junior tennis camps run Sun-Fri, offering 25 hours of technical and tactical training from our world-class international staff. Learn from former ATP, WTA, Davis Cup, Fed Cup and top collegiate players, all of whom have gone through Dennis Van der Meer's famous TennisUniversity course.

Located one block from the beach, our students take full advantage of the sand for aerobic and anaerobic fitness training, as well as fun runs and beach soccer, etc. And the warm Atlantic Ocean provides a great cool-down! Take your game to the next level this summer at VDM!

For more information about our summer camps, please visit the Summer Camp portion of our website at:

[www.vandermeertennis.com](http://www.vandermeertennis.com)



## TENNIS ACADEMY HILTON HEAD ISLAND, SC

For tournament level players from 12 and up, we also offer our Tennis Academy Summer Programs. Our expert staff will lift your game with tactics, strategy, mental toughness, fitness, as well as a thorough look at your current stroke arsenal. Your weapons and weaknesses will get the work needed to reach your highest potential. Match play and point play drills will be interspersed with individual attention. Join the best team at the best facility for your best summer results ever!

### Quickstart Tennis and Day Camp- U/ 12

A customized tennis and coordination program for kids aged 4-12 that brings the game to a size that enables children to progress more easily and quickly. By using size-appropriate equipment and courts, the game of tennis becomes more fun for them and allows kids to get right into the action from the start. Introducing your children to World Class Quickstart Tennis at an early age will give them confidence by seeing immediate progress. This makes them excited to continue playing tennis.

For more information about our programs, please visit our website at [www.vandermeertennis.com](http://www.vandermeertennis.com).



## VAN DER MEER JUNIOR TENNIS CAMP FEATURES

- 5+ hours of training per day
- Certified coaches
- Develop proper stroke mechanics through the use of video analysis
- UTR Match play
- Fitness conditioning
- Gaining confidence on shot-making ability with goal-oriented drill & point play selections
- Mental toughness training and goal setting
- Players of all levels